

What's On In August 2019

at the Carers Centre, 1 Duke Street, Fenton, Stoke-on-Trent, ST4 3NR

The Centre will be closed on Monday 26th August for the Bank Holiday

WEEKLY

Mon 5 th 12 th 19 th	Carers Support Group	10.00am - 12.00pm
Tue 6 th 13 th 20 th 27 th	Eat Together/Cook Together	10.30am - 12.30pm
Wed 7 th 14 th 21 st 28 th	Photography Club	10.00am - 12.00pm

FORTNIGHTLY

Thu 8 th 22 nd	Arts, Crafts & Needlework Group	10.00am - 12.00pm
Tue 13 th 27 th	New Horizons Cancer Survivors Group	1.00pm - 3.00pm
Tue 6 th 20 th	Dementia Group "Amazing Memories"	2.00pm - 3.30pm

MONTHLY

Thu 1 st	Former Carers Group	10.30am - 12.00pm
Wed 7 th	Evening Carers Support Group	6.30pm - 8.30pm
Thu 8 th	Parkinsons Support Group	1.30pm - 3.00pm
Tue 13 th	Lifeworks/Pegis Parent Carers Drop In	12.30pm - 2.30pm
Fri 16 th	Fish N Chip Club	11.30am - 1.30pm
Fri 30 th	Legal Advice Clinic	Appointment Only

WHAT'S NEW

Thu 1 st	Therapies for Carers	Appointment Only
Thu 1 st 8 th 15 th 22 nd 29 th	Emotional Wellbeing Group	1.30am - 3.00pm
Sat 3 rd 10 th 17 th 31 st	Walking Group - Meet at the Carers Centre - All Welcome	9.00am - 12.00pm

If you would like to receive a copy of our monthly What's On please email

optin@carersfirst.com

Any information you share with us will be kept safe and secure and processed in line with our privacy policy. This can be seen on our website www.carersfirst.com or you can request a copy from us by calling NSC on 01782 793100

