

## Pharmacy First Common Ailments Service 2017/18

Pharmacy First is a scheme available for children and adults who don't have to pay for prescriptions and are suffering from a common ailment. Your local pharmacist can offer expert advice and medicines for a wide range of ailments without the need to visit your GP. No appointment is necessary, but patients will be required to provide their NHS number or their child's number in order to receive advice, and where appropriate, medicines free of charge.

A common ailment can be an illness or condition that affects your health but can easily be treated with medicines from over the counter.

### Options to access service:

- Patients can self-refer to this service.

### Conditions included in the service are:

- Bites and Stings
- Chickenpox
- Colds/Flu-like symptoms/Nasal Congestion
- Cold sores
- Conjunctivitis (Acute Bacterial)
- Constipation (Acute)
- Cystitis
- Contact Dermatitis/Atopic Eczema/Dry Skin
- Acute Diarrhoea
- Ear ache
- Fever management
- Fungal Skin Infections

- Hay Fever (Seasonal Allergic Rhinitis)
- Haemorrhoids
- Headache/Migraine
- Heartburn / Indigestion
- Infant colic
- Mouth ulcers
- Nappy rash
- Oral thrush
- Scabies
- Sore throat
- Sprains and strains
- Teething
- Threadworms
- Vaginal thrush
- Warts and verrucas

### Exclusions

Patients who normally pay for prescriptions are excluded as this is an NHS Service and as such, they would be required to pay a prescription charge of £8.40 for any item supplied by the pharmacy.

They can however receive advice, and purchase medication over the counter as this is an Essential Service provided by all pharmacies.

Patients who have reached their annual limit of access for that specific ailment will be also be excluded, your Pharmacist will be able to advise you about limits.

Other exclusion criteria, dependent on the ailment you or your child are presenting with, may also apply. In these instances your Pharmacist will advise you accordingly.