



VCS **HUB**

Social Prescribing

**Your Link to the Voluntary
and Community Sector**



North Staffordshire Clinical Commissioning Group

Stoke-on-Trent Clinical Commissioning Group

How Does It Work:

Contact is primarily by telephone, with some face to face joint visits where other professionals are involved and this is deemed to be necessary.

Remit:

The VCS Hub is designed to support people with a wide range of social, emotional or practical needs, and is focussed on improving mental health and physical well-being. Those who could benefit from social prescribing schemes include people with mild or long-term mental health problems, vulnerable groups, people who are socially isolated, and those who frequently attend either primary or secondary health care

Availability:

MON – THURS 9.00 – 5.00PM FRI 9.00 – 4.30PM

Referral Methods:

TEL: 07504245215

EMAIL: vcshub@vast.org.uk.

ONLINE REFERRAL: www.vast.org.uk/vcs-hub

Criteria:

Adults 18yrs + can self-refer, or can be referred via health, social care or voluntary sector workers

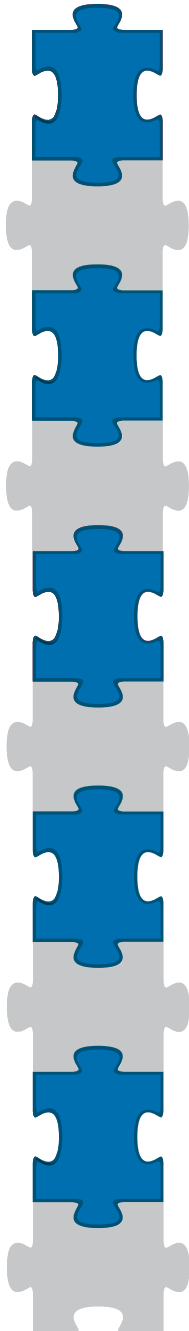
Geographical Area:

North Staffordshire - Stoke on Trent/Newcastle under Lyme & Staffordshire Moorlands

Response Time:

Contact will be made by the VCS Hub within 2 working days of receipt of referral
– providers lead times are then applicable.

Examples of Support Services:



Bereavement, depression and/or anxiety support and counselling

Befriending – someone to talk to or to help to go out

Local social activities e.g. lunch clubs/friendship groups/activities

Support services to help to manage Long Term Conditions - COPD/MS/Parkinsons/Stroke

Alcohol & Substance Misuse Support

Support for people with physical or learning disabilities

Support with mental health difficulties

Housing advice and support

Debt management, money management and financial and benefits advice.

Practical housing services – including heating, rent & repairs, shopping, cleaning.

Referral Process:

The Hub works on a triage basis, on receipt of referrals we will discuss the individual's needs, outline options available and help support them into the appropriate service. We also make follow up calls to referrals to gain outcomes and to give feedback to referral partners.

All referrals are treated in the strictest confidence. Details may be shared, with patient's permission, with health & social care professionals and voluntary sector services, to enable them to provide appropriate support.



For further information please contact
Margaret Hurley,
VCS Hub Development Officer:

Online referral: www.vast.org.uk/vcs-hub

Email: vcshub@vast.org.uk

Tel: 07504 245215



VCS Hub is a project of

