

WHATS ON SEPTEMBER

WEEKLY*

Mon 5th/12th/19th/26th	Carers Support Group	10.00am - 12.00pm
Wed 7th/14th/21st/28th	Camera Club	10.00am - 12.00pm

FORTNIGHTLY*

Tues 6th/20th	Dementia Group " Amazing Memories"	2.00pm - 3:30pm
Tues 6th/20th	Memory Loss Group " New Generation"	11am - 12:30pm
Thurs 8th/22nd	Lifeline Carers Support Group	10:30pm - 12:00pm
Tues 13th/27th	New Horizons Cancer Survivors Group	1:00pm - 3:00pm
Tues 13th/27th	"All Can Sing" Singing Group - All Welcome	10:30am - 12:00pm

MONTHLY*

Thurs 1st	Former Carers Support Group	10:30am - 12:00pm
Weds 7th	Evening Carers Support Group	6:00pm - 8:00pm
Fri 9th	Direct Payments Drop In for Carers	10:00 am - 12:30pm
Tues 13th	Face2Face/Lifeworks Parent Carer Drop In	12:30pm - 2:30pm
Weds 14th	Parkinson's Support Group	1:30pm - 3:00pm
Thurs 15th	Brain Tumour Support Group	13:30pm - 3:30pm
Sat 17th	"Lets Talk About Dementia" Information Session	3:00pm - 5:00pm
Fri 23rd	Fish n Chip Club	11:30am - 1:30pm
Tues 27th	Fibromyalgia Support Group	1:00pm - 2:30pm
Friday 30th	Legal Advice Clinic	Appt Only
Fri 30th	Film Club (Bring your own lunch)	12:30pm - 4:00pm

WHAT'S NEW

Wed 14th/21st/28th	IT for Beginners - All Welcome	11:00am- 12:30pm
Thurs 15th	Breakfast & Therapies Event	Booking Required
Thurs 15th	Social Event for Dementia Carers Day	2:00pm - 4:00pm
Weds 21st	Cancer Services Event	1:30pm - 3:30pm
Weds 21st	World Alzheimer's Event	4:30pm - 6:30pm
Thurs 22nd	Deafness Awareness session	10:30am - 11:30am
Fri 23rd	Health & Wellbeing Complimentary Therapies	Appointment Only
Thurs 29th	Arts, Crafts and Needlework Club	10:30am - 12:00pm