

WHATS ON IN JUNE

WEEKLY*

Mon 6th/13th/20th/27th	Carers Support Group	10.00am - 12.00pm
Wed 1st/8th/15th/22nd/29th	Camera Club	10.00am - 12.00pm

FORTNIGHTLY*

Tue 7th/21st	New Horizons Cancer Survivors Group	1.00pm - 3.00pm
Tue 7th/21st	"All Can Sing" Singing Group - All Welcome	10:30am - 12:00pm
Wed 8th/Tue 28th	Potteries Gold Benefits Advice Surgery	Appt Only
Tue 14th/28th	Memory loss Group "New Generation"	11.00am - 12:30pm
Tue 14th/28th	Dementia Group "Amazing Memories"	2.00pm - 3:30pm

MONTHLY*

Wed 1st	Evening Carers Support Group	6.00pm - 8.00pm
Thur 2nd	Former Carers Support Group	10:30am - 12:30pm
Wed 8th	Parkinson's Support Group (First Aid)	1:30pm - 3.00pm
Thur 9th	NSCA Knitting / Needlecraft Group	1:30pm - 3.00pm
Sat 11th	Let's Talk About Dementia	3.00 pm - 5.00 pm
Tue 14th	Face2Face/Lifeworks Parent Carer Drop In	12:30pm - 2:30pm
Wed 15th	Macmillan Cancer Social Group	1:30 pm- 3.00pm
Thur 16th	Brain Tumour Support Group	1:30pm - 3:30pm
Fri 17th	Fish n Chip Club	11:30am - 1:30pm
Tue 21st	Lets Talk About Dementia	6:30pm - 8:30pm
Fri 24th	Legal Advice Clinic	Appt Only
Fri 24th	Film Club (Bring your own lunch)	12:30pm - 4pm
Mon 27th	Face2Face/ADHD Parent Carer Support Group	10.00am - 12.00pm
Tue 28th	Fibromyalgia Support Group	1:00pm - 2.30pm

WHAT'S NEW

Thur 2nd/16th/30th	Lifeline Carers Support Group	10:30pm - 12:00pm
Tue 7th	Chair Yoga and Relaxation for Carers	1:30pm - 2:30pm
Wed 8th	Ukulele Music Evening with pie n pea supper	6:30pm - 8:30pm
Fri 10th	Pamper Session with Janet, Lynn & Irene	10:00am - 3:00pm
Mon 27th	Carers Wellbeing Course	1:30pm - 3pm

Carers Week Mon 6th - 12th