

WHATS ON IN JULY

WEEKLY*

Mon 4th/11th/18th/25th	Carers Support Group	10.00am - 12.00pm
Wed 6th/13th/20th/27th	Camera Club	10.00am - 12.00pm

FORTNIGHTLY*

Thurs 14th/28th	Lifeline Carers Support Group	10:30pm - 12:00pm
Tue 5th/19th	New Horizons Cancer Survivors Group	1:00pm - 3:00pm
Tuesday 5th/19th	“All Can Sing” Singing Group - All Welcome	10:30am - 12:00pm
Wed 6th	Potteries Gold Benefits Advice Surgery	Appt Only
Tues 12th/26th	Memory loss Group “New Generation”	11.00am - 12:30pm
Tues 12th/26th	Dementia Group “ Amazing Memories”	2.00pm - 3:30pm

MONTHLY*

Wed 6th	Evening Carers Support Group	6:00pm - 8:00pm
Thurs 7th	Former Carers Support Group	10:30am - 12:00pm
Wed 13th	Parkinsons Support Group	1:30pm - 3:00pm
Thurs 14th	Face2Face/Lifeworks Parent Carer Drop In	12:30pm - 2:30pm
Thurs 21st	Brain Tumour Support Group	1:30pm - 3:30pm
Mon 18th	Face2face/ADHD Parent Carer Support Group	10:00am - 12:00pm
Weds 20th	Macmillan Cancer Social Group	1:30 pm - 3:00pm
Fri 22nd	Fish n Chip Club	11:30am - 1:30pm
Sat 23rd	“Lets Talk About Dementia” Information Session	3:00pm - 5:00pm
Tues 26th	Fibromyalgia Support Group	1:00pm - 2:30pm
Fri 29th	Legal Advice Clinic	Appt Only
Fri 29th	Film Club (Bring your own lunch)	12:30pm - 4:00pm

WHAT'S NEW

Mon 4th/11th	Wellbeing Course for Carers	1:30pm - 3pm
Fri 8th	Direct Payments Drop In for Carers	10:00am - 12:30pm
Fri 15th EVENT CANCELLED	Penny Bhron Cancer Wellbeing Event	11:30am - 4:30pm
Fri 29th	Exercise For All - Beginners Class	10:30am - 11:30pm