

WHATS ON IN MARCH

WEEKLY* (Exc bank Holidays)

Mon 7th / 14th / 21st / 29th	Carers Support Group	10.00am - 12.00pm
Wed 2nd / 9th / 16th / 23rd / 30th	Camera Group	10.00am - 12.00pm

FORTNIGHTLY*

Tues 1st / 15th / 29th	New Horizons Cancer Survivors Group	1.00pm - 3.00pm
Weds 2nd / 9th	Potteries Gold Benefits Advice Surgery	Appt Only
Tues 8th / 22nd	Memory loss Group "New Generation"	11.00am - 12:30pm
Tues 8th / 22nd	Dementia Group "Amazing Memories"	2.00pm - 3:30pm

MONTHLY*

Weds 2nd	Evening Carers Support Group	6.00pm - 8.00pm
Thurs 3rd	Former Carers Support Group	10:30am - 12.00pm
Tues 8th	Face2Face/Lifeworks Parent Carer Drop In	12:30pm - 2:30pm
Weds 9th	Parkinsons Support Group	1:30am - 3.00pm
Thurs 10th	NSCA Knitting / Needlecraft Group	1:30pm - 3.00pm
Weds 16th	Macmillan Cancer Social Group	1:30 pm- 3.00pm
Thurs 17th	Brain Tumour Support Group	1:30pm - 3:30pm
Fri 18th	Legal Advice Clinic	Appt Only
Mon 21st	Face2face/ADHD Parent Carer Support Group	10.00am - 12.00pm
Mon 21st	Lets Talk About Dementia	6:30 pm - 8:30pm
Thursday 24th	Film Club for Carers (Bring your own lunch)	12:30pm - 4.00pm
Tues 29th	Fibromyalgia Support Group	10:00pm - 12.00pm

WHAT'S NEW

Thurs 10th	Carers Pampering Session	11:00am - 2.00pm
Weds 14th / 21st	Carers Wellbeing Course	2.00pm - 3:30pm
Friday 18th	Fish n Chip club (£2.50 per person)	11:30pm - 1:30pm

Bank Holiday Fri 25th & Mon 28th - Centre Closed